

SATURDAY, APRIL 28 CHATHAM, NEW YORK

THE HALF FONDO SPONSORED BY:



50-Mile ride that includes 3,000 feet of climbing and a scenic, well-marked course with minimal use of state highways. The route meanders through Columbia County's Hunt Country, bucolic farmland and historic hamlets and villages. Three rest stops and spread of gourmet refreshments at finish. For riders age 18 and over.

THE MINI FONDO SPONSORED BY:



20-Mile ride that includes beautiful, rolling country roads and a rest stop mid-way in the center of the picturesque historic hamlet of Old Chatham. For riders age 13 and over.

THE INTRO FONDO SPONSORED BY:



10-Mile ride for those not ready for the longer rides, this is an easy and fun pedal. A great spread of refreshments available at the finish. For riders 13 and over.

Sean's Rides are a component of:





SEAN'S RIDE IS A CHARITY EVENT

Sean's Run Weekend is a 501(c)(3) public charity. The moneys raised by Sean's Ride and the other activities of Sean's Run Weekend are used to support two areas of interest:

- 1. Grants to schools and youth groups to implement programs designed to combat underage drinking, impaired driving and lax use of seatbelts, and
- 2. Scholarships to deserving college-bound seniors. Contributions added to Sean's Ride entry fees are tax deductible as allowed by IRS rules.

SEAN'S RIDE OFFERS GRAN FONDO STYLE RIDES

What's a Gran Fondo? It's Italian for "Big Ride."

A Gran Fondo is a long distance, mass-participation and timed cycling event – not a race. These events are immensely popular in Italy, throughout Europe and now in the USA. Participation is open to recreational and competitive cyclists alike, and riders of all abilities join in the fun. The ride is over scenic roads that are open to traffic and bicyclists must follow all traffic laws.

THE 3 FONDOS OF SEAN'S RIDE

The 50-Mile Half Fondo, the 20-Mile Mini Fondo and the 10-Mile Intro Fondo all include scenic, well-marked routes on open, paved roads with festive rest stops, on-course support and a spread of gourmet refreshments at the finish line. Each rider will be individually chip-timed (start to finish) and the first 250 to register will get a souvenir Sean's Ride long-sleeve t-shirt.

Each of the three rides has its own mass start at the Chatham Fairgrounds. The roads are open and riders must adhere to traffic rules. Each of the rides finishes at Chatham High School where times for every rider will be posted.

Sean's Ride is a component of Sean's Run Weekend and is produced by the Sean's Run Bike Club, a member of the League of American Bicyclists.

Highlights include:

- Scenic, accurately measured and wellmarked routes
- HE LEAGUE OF MERCHAN BICYCLISTS Course maps and cue sheets at seansrun.com
- A celebratory mass start for each ride at the Chatham Fairgrounds
- Chip Timing of each bicycle in all three distances
- Festive, well-stocked aid stations with treats and encouragement
- SAG vehicles to help you back to the start just in case the day doesn't go as planned.

Gran Fondo entrants will receive:

- · A beautiful, well-marked, and well-supported ride
- A personal timing chip to accurately record your time
- Post-ride spread of gourmet refreshments at Chatham High School
- A stylish souvenir long-sleeve t-shirt to the first 250 to register
- The satisfaction of completing a personal challenge and supporting an important charity.



HOW TO REGISTER

ONLINE:

Go to SeansRun.com (closes 1 hour before ride) or BikeReg.com (closes 4/26, 11:59 PM)

MAIL-IN:

Print form at SeansRun.com. mail by April 18th.

LAST CHANCE WALK IN:

On Saturday, April 28 at the Chatham Fairgrounds, 7:30 AM for 50-mile ride, 9:00 AM for 20-mile ride, 9:30 for 10-mile ride.

MAPS, DIRECTIONS, UPDATES:

Visit SeansRun.com and on Facebook at Sean's Rides

THE SCHEDULE

SATURDAY. APRIL 28:

Check-In/Sign Up at the Chatham Fairgrounds near the Route 66 entrance (Hudson Ave – next to Price Chopper) one hour before your ride. All rides depart from Chatham fairgrounds.

HALF FONDO 50-MILE — 8:30 AM MINI FONDO 20-MILE — 10:00 AM INTRO FONDO 10-MILE — 10:30 AM

QUESTIONS?

Email: MarkFrench@FairPoint.net

RIDE SPONSORS

Elle and Rhys French

Dr Bill Primomo, DDS, Albany

Our Daily Bread, Chatham

Old Chatham Country Store & Cafe

Primo Mobile DJs, Amsterdam

Bob Pinkowski & Kim Chrysler, Hudson

Velo Domestique Bicycle Shop, Chatham

Head Hunter Family Haircutters, Hudson & Copake